



Learn to Skate

A US Figure Skating Basic Skills Program

Compuware Learn to Skate is a beginning ice skating program that is challenging and rewarding—but most of all, fun. Participation in the program will enable beginning skaters of all ages and abilities to learn the fundamentals of ice skating while teaching them the skills necessary to advance to a competitive or recreational figure skating or hockey program.

Learn to Skate classes meet once per week. Each class is grouped by skating level and includes a 25 minute lesson and 25 minutes of supervised practice time. Instructors include Compuware Arena Professionals and players from the Plymouth Whalers hockey team (when available).

Classes Offered *(details on reverse)*

Snowplow Sam 1-3

Basic 1-8

Free Skate 1-6

Hockey 1-6

Adult 1-4



Winter II Session Jan 3-Mar 3 *no class 1/24-28 8 weeks \$104

Tuesdays	10:10-11 am	1:10-2 pm
Wednesdays	5:10-6 pm	
Thursdays	10:10-11 am	1:10-2 pm
Saturdays	9:15-10:30 am	

Future Session Dates:

Spring I	March 5-May 5	<i>*no class 4/9-14</i>	8 weeks	\$104
Spring II	May 7-June 16		6 weeks	\$78

We recommend all skaters wear warm, comfortable layers (no shorts), including gloves or mittens. All skaters in Snowplow Sam 1-3, Basic 1 & 2, Adult 1 and Hockey 1-6 **MUST WEAR A HELMET** (bike, ski, skate board or hockey helmets acceptable).

Each skater will receive two passes to a public session!

Enrollment in Learn to Skate class requires a \$12 yearly membership to US Figure Skating (now thru 6/30/12). Registrations are due the Friday before the first class of the session. Late registrations and cancellations made prior to the first class will be charged an additional \$15 administrative fee. Full payment is needed at time of registration to guarantee a spot in a class. Register for more than one class and receive \$10 discount per additional enrollment. We accept cash, check, and all major credit cards.

Register Online For Learn to Skate

www.compuwarearena.com

(734) 453-6400

**For more information contact
Skating Director, Jennifer DeJohn
jenniferd@plymouthwhalers.com**



Learn to Skate Program

Class Description

Snowplow Sam 1-3

Ages 3 to 5 are placed in the Tots program. This program is designed to help preschool age children to develop the preliminary coordination and strength necessary to maneuver on skates. The Tots has 3 progressive levels that will help the young skater develop confidence while experiencing success with his or her beginning skating. Once a skater has completed Snowplow Sam 3 they can take Basic 2 or Hockey 1.

Basic 1-8

Beginning skaters, ages 6 to 14, are introduced to the basic skating techniques in a safe and controlled environment. Each class session and level following Basic 1 is progressive, building upon skills taught in the previous level.

Free Skate 1-6

Skaters graduating from Basic 8 can take Free Skate 1 class. Free Skate classes will introduce skaters to proper jumping and spinning techniques as well as US Figure Skating Moves in the Field. Each class level is progressive, building upon skills taught in the previous level. **Compuware encourages all Free Skate participants to supplement their group lesson by getting additional practice time and/or taking private lessons.**

Hockey 1-6

Beginning skaters, ages 5-14, are introduced to the basic hockey skating techniques. Ages 3-5 must first complete Snowplow Sam levels 1-3. Each class session and level following Hockey 1 is progressive, building upon skills taught in the previous level. Learn to Skate Hockey classes prepare participants for Compuware's Learn to Play program.

Adult 1-4

Instruction is in recreational skating. Each class session is designed to promote physical fitness, improve balance and coordination while learning proper skating techniques.

Figure Skating Program

Freestyle ice time is available year-round for those interested in taking private instruction and training for competitions, tests or recreation. All disciplines - singles freestyle, dance, pairs and synchronized skaters are welcome to use Compuware Figure Skating sessions. All sessions are general unless otherwise noted. Hockey players taking a private lesson are allowed on freestyle ice pending there are 10 or less skaters on the ice. Contact Skating Director, Jen DeJohn, for more information regarding our private instructional staff and lesson fees.

Drop-In Figure Skating Ice Cost: \$5 per half-hour session

For current Figure Skating Schedule, go to www.compuwarearena.com and click "Figure Skating" tab in the left column.

For more information or to register call (734) 453-6400

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